



V VEGETARIAN
♥ HEALTHY + CALORIES

Hours:
 Monday – Thursday 8am – 10pm (last orders by 9pm)
 Friday 8am – 8pm (last orders by 7pm)
 Saturday 8am – 7pm (last orders by 6pm)
 Sunday 8am – 6pm (last orders by 5pm)

FREE Wi Fi

Clubroom available for private parties Friday, Saturday and Sunday evenings.
 Business Lunches and Buffets catered
 Children's party catering also available

Scampi 'n' Chips **£9.50**

Large pieces of breaded scampi served with garden peas and home-made tartar sauce

Homemade Burger **£8.95**

Home-made 6oz burger in a floured bap. Served with fries and a relish

Extra toppings for **£1 each**

Cheese, Bacon, Brie, Mushrooms, Fried onions, Coleslaw

Make it a double burger for **£10.95**

Veggie Burger **£6.95 V**

Bound vegetables in a golden crumb served with chips and relish

Extra toppings for **£1 each**

Cheese, Brie, Mushrooms, Fried onions, Coleslaw

Make it a double burger for **£8.95**

Cajun Chicken Burger **£8.95**

100% chicken breast Cajun seasoned in a floured bap with lettuce and mayo and served with fries.

Pan Seared Ribeye Steak **£14.95**

Served with battered onion rings and chips.

Cooked to your liking plain, au poivre, garlic butter

Add garlic king prawns for **£16.95**

Thai Green Curry **£7.95 V ♥420**

Mild and creamy curry served with basmati rice and a poppadum

Add chicken for **£9.95 ♥480**

Please ask us if you would like it hotter.

Texan Chili con Carne **£8.95**

Minced steak in a tomato sauce with jalapenos and crushed chili. Served with basmati rice and tortilla chips

Sweet Chili Stir Fry served with basmati rice

With Chicken **£10.95 ♥490**

King Prawns **£12.95 ♥460**

Pan Roasted Local Bass **£13.95 ♥390**

Served with new potatoes, a tomato, basil, chilli and olive tapenade and balsamic dressing

Shepherds Pie **£9.95**

Topped with a cheese mash and served with carrots and peas and a lamb jus

Sausage and Mash **£8.95**

Creamy mash with 3 Cumberland sausages and smothered in onion gravy

Swap your carbs! Rice, Mash, Fries and New Potatoes can be interchanged in our dishes

SUNDAY LUNCHES

Served every Sunday from 12pm **£8.95**

Children's portions available **£4.95**

PASTA

Prawn and Smoked Salmon Linguine **£12.95**

With lobster crème and fresh herbs

Spaghetti Bolognese **£9.95**

Spinach and Ricotta Cannelloni **£9.95 V**

ALSO SEE OUR SPECIALS BOARD

SALADS ♥

Classic Caesar Salad **£6.95 V ♥280**

Cajun Chicken Caesar **£8.95 ♥370**

Served with fresh anchovies and shaved parmesan

Bang Bang Chicken **£8.95 ♥340**

Sweet and spicy hot chicken

Hot Chicken and Bacon **£8.95 ♥390**

Finished with balsamic glaze

Warm Goats Cheese **£8.95 V ♥350**

Served with a mango, coriander and chili salsa

Ploughman's Lunch **£8.95 ♥420**

Mature cheddar and Farmhouse Ham

King Prawn Salad **£9.95 ♥340**

With new potatoes and cocktail sauce

Seafood Salad **£8.95 ♥320**

With tuna, prawns and smoked salmon and cocktail sauce

Looking for our children's menu?
Ask for our special colouring in menu and crayons.

Fresh & Delicious Breakfast, Gourmet Sandwiches, Salads, Jacket Potatoes



Our sandwiches are served on either demi white baguettes, ciabatta, white bread or

Senners Autumn

Harvest bread.

Add any of the following:

- Tomato
- Cucumber
- Lettuce
- Onions
- Peppers
- Cream Cheese
- Coleslaw
- Red Onion-
- Marmalade

50p per item

SANDWICHES AND WRAPS

All served with a garnish.

Cheese	£4.95 V
cheddar, brie or buffalo mozzarella	
Farmhouse Ham	£5.25
Chicken	£5.75
plain, Cajun, mayo or coronation	
Tuna Mayo	£5.25
Smoked Salmon	£5.95 ♥250
Prawn Marie Rose	£5.95
Bacon	£5.50
Free Range Egg Mayo	£4.95 V

JACKET POTATOES £6.95

Served with a garnish. Choose two of the following fillings from group A or one from group B.

(A) Cheese, Ham, Chicken (plain, mayo, coronation), Bacon, Sun-dried Tomatoes, Beans, Cream Cheese, Salmon, Coleslaw, Tuna Mayo

(B) Chilli, Buffalo Mozzarella, Prawns (can be served with marie rose sauce), Smoked Salmon

Extra fillings from group A £1 each or from group B £1.50 each



ALL DAY BREAKFASTS

Porridge	£2.95 V ♥170
Muesli	£1.95 V ♥150
Yoghurts	£1.00 V ♥
Fresh Fruit Salad	£3.95 V ♥100
Heinz Baked Beans on Toast	£3.95 V ♥290
Melon with Parma Ham	£6.95 ♥180
With rhubarb compote	
Full English Breakfast	£8.95
Bacon, Sausages, FR Fried egg, Hash browns, Tomato, Beans, Mushrooms, Toast	
Veggie Breakfast	£6.95 V
Veggie Sausages, FR Fried eggs, Hash browns, Tomato, Beans, Mushrooms, Toast	
Free Range Eggs on Toast	£4.95 V
Fried, Poached or Scrambled	
Add Bacon for £5.95	
Add Smoked Salmon for £6.95	
Croissant or Toast	£1.95 V
Served with Guernsey butter and jam	

Look out for our breakfast combo offers

LIGHT BITE LUNCHES – all £7.95 ♥

Home-made Chicken Tikka ♥280
With crisp iceberg lettuce and cool cucumber dip
Greek Trio ♥300
Taramasalata, Roast Red Pepper Houmous. and Tzatziki served with mini pittas and lemon salad

Home-made Salmon Fish Cake ♥290
With tomato chutney, rocket and parmesan salad

The Health Club ♥350
Smoked Chicken, fresh apple, herb crème fraiche, parma ham, kos lettuce, plum tomatoes.

SOUP

Soup of the Day	£4.95 ♥
Served with a crusty roll and Guernsey butter	
Thai Vegetable Noodle or Rice Soup	£5.95 V ♥200
With Chicken	£7.50 ♥250

CIABATTAS All served hot with fries.

Chicken Mayo & Bacon	£7.50
Chicken, Bacon & Avocado	£7.95
Tuna, Tomato & Mozzarella	£7.50
Chicken, Bacon & Cheese	£7.50
Sun-dried Tomato & Mozzarella	£7.50 V
Bacon & Cheese	£7.50
Chicken, Bacon, Lettuce & Tomato	£7.50
Tuna Melt	£7.50
Tuna Mayo, Cheese, Onions	
Bacon, Brie and Cranberry	£7.50
Brie and Cranberry	£6.50 V
Ribeye Steak	£9.95

Sides

Fries	£2.95	Garlic Bread	£2.95
Mash	£3.50	with cheese	£3.95
New Potatoes	£3.50	Onion Rings	£2.95

TAKEAWAY AVAILABLE ON MOST DISHES

Take £1.50 off the menu price.

Can be preordered.