



Breakfast served 10:00 until 12:00

Eat-in Breakfast

Smoked salmon, crushed avocado & poached eggs

served on toasted sourdough £10.25

Spinach, poached eggs & hollandaise

served on an English muffin (v) £7.00

Ground sausage, cheese & scrambled egg

served with a spicy relish on an English muffin
£7.50

Crushed avocado, feta & poached eggs

served on toasted sourdough £8.50

Scrambled eggs

served on toasted sourdough (v) £5.50

add:

Smoked streaky bacon £2.00

Chorizo £2.50

Spinach £2.00

Toast & preserves £3

Choose your bread

Sourdough

White or malted bloomer

Gluten free white or brown bread

Served with Guernsey butter and honey or jam.

Grab & Go Breakfast

Served 10:00 until 12:00

Brioche bun or croissant £1.50

add:

Scrambled egg (v) £2

Smoked streaky bacon £2

Honey roasted ham £2

Cheddar cheese £2

Cumberland sausage £2

**Smoked salmon, cream cheese
& baby gem** £5

Smoothies

Available from 07:30 to takeaway

Morning Kick

Banana, strawberry, natural yoghurt, oats & low fat milk

Fruit Blast

Berries, banana, green apple & pineapple juice

Mango Madness

Mango, pineapple, natural yoghurt & low fat milk

Small (350ml) smoothie £3.75

Large (475ml) smoothie £4.50

Protein scoop (20g) £1.50

V = Vegetarian

VE = Vegan

GF = Gluten Free

Our kitchen is not a nut-free kitchen. Please inform your server of any allergies or dietary requirements.

We will endeavour to cater for specific dietary requirements wherever possible.